

# UNDERSTAND THE RISKS OF MISUSING **LOPERAMIDE**



Loperamide (also sold under the brand name Imodium®) is a prescription and over-the-counter medicine approved by the U.S. Food and Drug Administration to relieve symptoms of diarrhea.

Loperamide is safe at approved doses: a maximum of 8 mg per day for OTC use or as instructed by your healthcare provider.

**Taking more than the approved dose can result in serious heart problems and death.**

**If you or someone you know is taking more than the recommended dose of loperamide and experiences any of the following symptoms, discontinue loperamide use immediately and call emergency services.**

- » **Fainting**
- » **Unresponsiveness**
- » **Chest pain**
- » **Irregular heartbeat**

If you believe that you or someone you know may have a substance use disorder, talk to a healthcare provider and find additional resources at [findtreatment.samhsa.gov](https://www.findtreatment.samhsa.gov). You can also call SAMHSA's National Helpline at **1-800-662-4357** for free, confidential treatment referral information.

**TO LEARN MORE** about loperamide, visit  
**[HEALTHINHAND.ORG/ACTIVE-INGREDIENTS/LOPERAMIDE](https://www.healthinhand.org/active-ingredients/loperamide)**

For patients and consumers.  
Stock photo. Posed by model.