

UNDERSTAND THE RISKS OF MISUSING LOPERAMIDE



Loperamide (also sold under the brand name Imodium®) is a prescription and over-the-counter (OTC) medicine approved by the U.S. Food and Drug Administration to help relieve symptoms of diarrhea.

Loperamide is safe at approved doses: a maximum of 8 mg per day for OTC use or as instructed by your healthcare provider.

Taking more than the approved dose can result in serious heart problems and death.

If you or someone you know is taking more than the recommended dose of loperamide and experiences any of the following symptoms, discontinue loperamide use immediately and call 911.

Symptoms To Watch For:

- » **Fainting**
- » **Unresponsiveness**
- » **Gastrointestinal complications**
- » **Irregular heartbeat**

If you believe that you or someone you know may have a substance use disorder, call the **Reach Out Hotline** at **1-800-522-9054** for free, confidential resources and referral information.

You can also call Substance Abuse and Mental Health Services Administration's **National Helpline** at **1-800-662-4357** for free, confidential treatment referral information.

TO LEARN MORE about loperamide, visit
HEALTHINHAND.ORG/ACTIVE-INGREDIENTS/LOPERAMIDE